

APRIL 1988

SENIOR CITIZENS FRIENDSHIP CLUB

By Ruth Strair (Mrs. Louis)

Dr. Moshe Myerowitz, guest speaker at the regular monthly meeting of the Senior Citizens Friendship Club, held everyone's interest while recalling his experiences in Australia, where he was proclaimed international race walking champion in his age group.

His informality put everyone at ease and members kept him busy answering many questions of every nature, even requesting him to demonstrate how he race walks, with which he promptly complied. Some race walking information: There were 4,817 athletes in Melbourne. The American contingent consisted of 300 athletes. World contests are held every two years.

Dr. Myerowitz has been walking for 31 1/2 years, which is a relatively short time. It takes six years to become a good race walker, but as a chiropractor, he understands the mechanics of the body. He has no coach but learns by going to a coach and/or sending the coach a video. There are about 15 or 20 race walkers in Bangor at present.

Dr. Myerowitz's extra-curricular activities and awards include:

State Chairman - Race Walking Section of the Athletic Congress.

Two time U.S. National Race Walk Champion (in age division) 1986.

Silver medalist - Australian Masters Race Walk Championships (in age division) 1987.

State TAC Race Walking Chair-

man and a bronze medalist in the 20,000 meter race walk at the Seventh World Veterans' Games in Melbourne, Australia (in age division) 1987.

Gold medalist winner in the two mile race walk during the National Masters Indoor Track and Field Championships held recently at the ISU field house in Baton Rouge LA.

SENIOR CITIZENS FRIENDSHIP CLUB

By Ruth Striar (Mrs. Louis)

The Senior Citizens Friendship Club held their Annual Mothers Day Luncheon on May 9th with Ann Abrahams and Katherine Carver, the two eldest members being presented with corsages.

After the luncheon, Peggy Hal-lee provided the entertainment, giving readings from Erma Bombeck's book - "Motherhood, The Second Oldest Profession", which was on the New York Times' best seller list for over eleven months.

On June 14th, Reta Schreiber, Bangor Public Library, will give a book review.

SENIOR CITIZENS FRIENDSHIP CLUB

BY MRS. LOUIS STRIAR (RUTH)

Nancy Offenberg's kugel made a big hit at the luncheon meeting of the Senior Citizen's Friendship Club on the sunny afternoon of March 8, 1988.

New members, Lillian and Robert Salzman were welcomed.

After a "restaurant report", it was voted to hold the annual Mother's Day luncheon at Pilot's Grill on May 9, 1988.

The following members will contribute food for the Passover dinner at the Orono Nursing Home: Ida Rolsky, Lillian Salzman, Gertrude Hartstone, Pearl Singer, Carla Cohen, Celia Segal, Ruth Epstein, Marion Flash, Sarah Lait, Ruth Lieberman, Joan Golden, Catherine Carver.

Ruth Striar asked for volunteers for the American Cancer Society "Daffodil Days". Helen Michelson offered her Services.

Paula Adelman provided an interesting program on how to make life easier, showing all kinds of useful gadgets for everyone from brides, to the elderly.

As Estelle Getty of the Golden Girls would say, "Picture - Bangor - March 1988 - another successful meeting remembered."



SENIOR CITIZENS FRIENDSHIP CLUB

December 87

By Ruth Striar (Mrs. Louis)

On Monday, December 21, 1987, Harry Gedal, Ida Rolsky, Celia Segal, Hilda Goodstein, and Ruth Striar, representing the Senior Citizens Friendship Club, together with Rabbi Joseph P. Schonberger of the Beth Israel Synagogue, Scott Rapaport and his group of singers, entertained the residents of the Orono Nursing Home for a festive holiday program of joyous music and song, delicious home baked goodies and ice cream. Everyone in the Home enjoyed the visit and the fellowship.

January Meeting

Ida Rolsky, President, welcomed and greeted the large gathering at the January meeting of the Senior Citizens Friendship Club on Tuesday, January 12th, 1988.

Jean Brown was welcomed as a new member.

A report on the visit to the Orono Nursing Home was given.

A flowering plant was sent to Mrs. Anna Kaminsky in Connecticut on the occasion of her 98th birthday.

Door prizes were won by Gertrude Hartstone and Rose Alpert.

Hilda Goodman was refreshment hostess, this month. She was assisted by Ida Rolsky, Helen Michelson, Henrietta Rolnick, and Diane Emple.

Everyone enjoyed hearing of the early history of Bangor Jewry as remembered by Katie Carver and Phil Koritzky, both by tape, as recorded by Grace Shuer, and in person, at this meeting.

Katie and Phil were asked many questions by Grace Shuer, Ida Rolsky, and the audience as the two

recalled their experiences of yesterday.

Members enjoyed viewing the art of internationally known artist, Mordechai Rosenstein, which was on display.

On The Go With The Friendship Club *April 1986*

by Ida Rolsky

The Senior Citizens Friendship Club met Wednesday, March 12th after a two months vacation. It was good to see everyone and get back in the swing again.

A Petite Luncheon was served by our new members, Bea Kaskin, Hazel and Edgar Goldsmith, Grace and Dave Dorsky.

Plans were finalized for our Annual Mother's Day Luncheon which will be held Thursday, May 15th at 12 o'clock.

Lisa Berg was presented with a corsage as a token of our love and appreciation for her devotion to the club for many years. Lisa is moving to Massachusetts. She will be missed!

Israeli Students Feted By Senior Citizens Friendship Club *April 1986*

The Friendship Club hosted a social afternoon for the Israeli students and invited the Capehart Senior Citizens group to join them in a lovely social after-

We voted to host a tea on March 26 to honor the Israeli students. Hilda Goodstein chaired this affair. Members of Capehart and Bradford Commons seniors were our guests. The club also voted to make a donation to the Area Agency on Aging.

We are looking forward to a very busy summer. Edgar Goldsmith and Dave Dorsky will be arranging our day trips.

If you are fifty-five or older, and you don't know what to do - just join the Senior Citizens and they will welcome you. There's lots of fun and laughter and you never will feel blue - as the years go rolling on.

noon honoring the students from Israel who spoke to them of Israel and showed interesting slides.

FEBRUARY 1988

Senior Citizens Friendship Club

By Ruth Striar (Mrs. Louis)

The Senior Citizens Friendship Club spent an enjoyable winter afternoon on Tuesday February 9th.

After enjoying delicious deli sandwiches, President Ida Rolsky welcomed everyone.

Where to hold the annual Mother's Day Luncheon was discussed. Details will be brought back to the next meeting for a discussion, and decision.

University of Maine schedule of events for a Holocaust program was announced for those who would like to attend.

A letter was read from the JCC in Portland inviting the Club to participate in their festival.

A delightful program was presented by Mary Martin, Claudia Tucci and Pauline LaForge, students of the Northern Conservatory of Music, who entertained with their musical skills - piano playing and singing.

Memories returned as they encouraged a sing-a-long with such songs as Hello, My Baby, My Buddy, Pretty Baby, Carolina in the Morning, Just a Little Street, Moonlight Bay, I'm Forever Blowing Bubbles, 'Till We Meet Again, I'll See You Again, Merry Oldsmobile, Danny Boy, Smiles, Four Leaf Clover, Oh, You Beautiful Doll, Side by Side and Baby Face.

Nancy Offenbergs was so moved that she engaged one of the ladies in a dance, to which everyone applauded.

Also, Dick, who was waiting to rearrange the furniture in the hall, was seen singing and dancing to the catchy tunes.

This was truly an afternoon of pleasure and cheer.



Friendship Club enjoyed concert

The senior citizens of the Friendship Club wish to thank you for your generosity in extending free tickets to the Marine band performance in Bangor. Many of the seniors who attended thoroughly enjoyed the program. The free tickets allowed the seniors to attend who would not have been able to afford such an event.

Once again, thank you kindly for the admission tickets.
Cynthia Bourque-Simonds
Executive director
Jewish Community Council
Bangor

SENIOR CITIZENS FRIENDSHIP CLUB

By Ruth (Mrs. Louis) Striar

Oct 1988

Paula and David Adelman were hosts for the 23rd consecutive year of the Friendship Club's annual picnic on Monday, August 1, under the trees and amid colored balloons on the spacious lawn of their lovely home.

After a delicious lunch, Ida Rolsky welcomed everyone, especially those from Augusta; announced that a rummage sale will be held on September 18th chaired by Helen Michelson, and enlisted help from members. She introduced Louise Murchison who said a few words.

Scott Rapaport, Kenny Leeman and Arline Keith entertained with music and songs.

Ruth Lieberman and Pauline Smith won the two door prizes.

The youngest attendee who "stole the spotlight" at this festive occasion was David Schonberger, son of Rabbi Joseph and Susan

Arlene Keith
July 13, 1988



Fay Goodman Dara Geller



Bessie Katz Marion Hask
Diane Emble Bella Bodinsky
Bella Emble 1988 Bessie
Linsky



Moshe Myerowitz shares enthusiasm with Friendship Club



NEWS Photo by Scott Haskin

Moshe Myerowitz (left) with Friendship Club's Ruth Striar



In
Good
Taste

By Lee Ryckman

gogue's unique architectural design includes windows and wall that are narrower on top than they are on the bottom. This synagogue is maintained by the 20-25 Jewish families residing in Hobart, and their rabbi is a visitor from an outside congregation.

Myerowitz commented that he did not encounter religious polarization in Australia. The largest concentration of Jewish people living there was to be found in Melbourne, a city whose population of 3 million includes 60,000 Jews. Melbourne boasts two or three kosher restaurants and a Hebrew college which is so well-regarded that many non-Jews vie for admission into its academic programs.

After a bout of "jet lag" which was disruptive to his training schedule, Myerowitz quickly adjusted to the country down under, which was just beginning its summer season. He had plenty of time to see the cities of the coastal areas and meet other runners and race walkers from all over the world.

Myerowitz was especially impressed by the individual differences in personality and approach to sporting contests exhibited by members of different nationalities, and surmised that it was probably because of varying levels of importance placed on these events by their coaches and athletes whose economic futures are determined by

winning international events develop a very intense attitude toward sports.

The four-week vacation to Australia was the first of such long duration that he has taken, but Myerowitz explained that "later is now," and such opportunities must be seized when they present themselves. He urged the men and women in his audience to remain active, enjoy life and not be afraid to try something new.

Myerowitz cited his encounter with left-side-of-the-road driving in Australia to illustrate our ability to continue learning into maturity. After he and his wife entered a rented automobile — Myerowitz sitting on the righthand driver's side — it took him at least 10 minutes to put his mind into gear. He requested that his wife not talk to him while he drove for the first hour. After three hours things were better, and after the next day, country driving was enjoyable.

After his talk, Myerowitz was invited to stay for milk and cookies, but he declined, explaining that he had to "run" back to the office. The senior citizens on hand decided that they had learned one more secret of his success.

The Senior Citizens Friendship Club has been meeting at the Jewish Community Center in Bangor for almost 24 years. Members meet to discuss business and enjoy a brief program on the second Tuesday afternoon of each month. They occasionally get together for luncheons, desserts, outings or community service opportunities. Information about the group is available from Ida Rolsky, president; Hilda Goodstein, secretary; or Esther Dresner, treasurer.

Lee Ryckman is a free-lance writer who lives in Bangor.

"The fact that we are older does not mean that we are lame or infirm; all it means is that we have put in a longer time (on this earth) than younger persons."

That was the message that Dr. Moshe Myerowitz delivered to the Senior Citizens Friendship Club at a recent meeting at the Jewish Community Center in Bangor.

It was just the sort of thing that the men and women, all aged 50 or over, wanted to hear. In the same age category with the extremely physically fit Myerowitz, they wanted to share his enthusiasm for new challenges and his zest for living. He epitomizes their ideal of maturity, and they were encouraged by his exploits and experiences.

A well-known chiropractor with his own treatment centers in Bangor and Lincoln, Myerowitz spends his time away from the office pursuing the sport of race walking. His wife, photographer Philomena Baker-Myerowitz, shares this interest and together they have attended high-level race-walking competitions around the world as spectators and participants. Each captured a gold medal in the two-mile race walk during the National Masters Indoor Track and Field Championship in Baton Rouge, La., this spring — the first time that a husband and wife won first place in that competition in the same year.

In Australia last fall, Dr. Myerowitz helped his team win the bronze medal for the United States in international competition, and two weeks later captured second place in the Australian Masters Championships. He placed 11th in a third race, the World Veterans' Track and Field Olympics, despite a pulled hamstring.

Speaking to the senior citizens about his Australian race walking experiences, Myerowitz confessed that his age group does make one concession to growing older. "Our group competes every two years instead of four because it is hard to wait that long." He reassured members of the audience that they don't have to expect anything but feeling good if they remain fit.

Myerowitz shares the religious faith of the Friendship Club members, and they were interested in his trip to the oldest Jewish synagogue in Australia. Myerowitz and his wife were invited to a party held at the synagogue in Hobart, on the island of Tasmania, by a lawyer they met at the airport in Melbourne. Similar in size and appearance to Beth Abraham Synagogue in Bangor, which was destroyed by fire some years ago, the Hobart synago-





Ruth Lieberman
Sara Brown
Ester Dresser
Marion Flash
Olia Seagly
Dorothy Holbrook
Bessie Katz
Bernice Hardstone



Bessie Katz
Marion Flash
Bernice Hardstone





FRIENDSHIP CLUB NEWS

By Ruth Striar (Mrs. Louis)

The Senior Citizens Friendship Club of the Jewish Community Center met Wednesday, February 15 at the Center.

Following the meeting, the program was held. Janet Cyr, manager of the Women's Fitness Studio in Brwer, engaged the senior citizens in healthful sitting and standing exercises, accompanied by explanations and tips.

Although the gathering was small in numbers of members attending, it was one of the most enjoyable. almost everyone participated in the exercises which may become a part of every meeting. Janet promised to send copies of all the exercises she demonstrated and she may return to help us, schedule permitting. Thank you, Janet.

Everyone sat down to superb refreshments graciously contributed by Ida Rolsky and baked by Kida and Esther Rosen.





Ruth Kellerman
Esther Kellerman
Paul Singer Ann Ahlstrom



Marshe Bravman Paul Ahlstrom
Hazel Goldsmith Dave Ahlstrom
Helen Michelson



Deborah Kellerman
Helen Kellerman
Hazel Goldsmith



Fay Boone
Sara Latic
Ann Soder



Esther Dresser Rose Albert
Esther Rosen Carla Cohn
Judy



John Bisset
Ruth Temple
Ruth Temple



Helen Rose Edgar Goldsmith
Hazel Goldsmith Paula Adelman
Joan Goldsmith Marcha Braker



Eger Goldsmith
 Al Negeenbumb
 Dave Goldman



Abel Miller
 Mother Hazel Habel



Kay Carter King
 David
 Rosey



Ann Peterson
 Freda Larson
 Ida Rolfs
 Bella Goodsky



Edna Kipper
 Paula Goldman

JANUARY 1989

SENIOR CITIZENS FRIENDSHIP CLUB

By Ruth Striar (Mrs. Louis)

The Senior Citizens of the Jewish Community Center held a meeting of December 7th.

Tasty latkes were delivered to the ill and the "at homers" who could not attend the Chanukah Party.

On Sunday, December 11, the Senior Citizens Friendship Club will send participants to the Orono Nursing Home to hold a Chanukah party for residents.

Members at the December 7th meeting enjoyed the Latke lunch, meeting and program.

Elizabeth Downing, private flute teacher, and member and player in the Bangor Symphony and Arcady Music Society concerts, together with Keith Crook, University of Maine guitar instructor, provided superb entertainment.

In addition, everyone had a grand time with Joe Vitalone, who

(Continued on page 5)

(Continued from page 4)

Senior Citizens...
demonstrated line dancing.



IDA ROLSKY HONORED ON HER 80TH BIRTHDAY BY THE FRIENDSHIP CLUB

By Ruth Striar (Mrs. Louis)

In Ida Rolsky's words: "I am "overwhelmed" with this beautiful birthday party the Senior Citizens Friendship Club has given to me."

Ida was dressed beautifully in a white suit with a corsage as she greeted the guests.

A delicious fish chowder luncheon was served followed by a beautifully decorated birthday cake. Balloons and flowers were in abundance. Two poems were written in her honor; one by Jean Chamoff and the other by Grace Shuer.

Entertainment was provided by Arlene Keith and Naomi Hall with the final song "Ida" being dedicated to Ida.

Her 80th birthday party was a tribute to Ida for all of the



A lovely Lady at 80 - Shown above is Ida Rolsky who celebrated her birthday this month. In 1964 Ida was on the Advisory committee and was instrumental in beginning the Friendship Club at the Jewish Community Center with the late David Shuer, our director at that time.

hard work and planning that she has done for the JCC senior citizens and was very impressive and meaningful. She was presented with a desk set with an inscription.

This lovely affair was held in the Beth Israel Synagogue vestry. The table centerpieces of flowers were sent to the patients in the hospital.

Mrs. Rolsky is the mother of Robert Rolsky and the grandparent of Louis and Charles Rolsky, Bainbridge, Washington.



IDA ROLSKY (left), president of the Friendship Club, serves burgers off the grill as hosts David and Paula Adelman give her a hand. (NEWS Photo by Marc Blanchette)



● The Bangor Friendship Club: Sponsored by the Jewish Community Center, this club will hold its last meeting for the season June 14 and resume its afternoon meetings in September.

"We're a social club. We have speakers, musical programs, and we visit nursing homes," said president Ida Rolsky.

Anyone over the age of 55 may join this 50-member club. At this

Wednesday's meeting, they will make plans for a few summer day trips and have a speaker from Augusta. Larry Goodstein, who represents the State Bureau of Insurance, will discuss the new catastrophic medical bill.

Pick a club, any club — there are dozens, several of which I'll tell you about in future columns.

Robbin Addams is a free-lance writer who lives in Brewer.

Annual picnic a favorite tradition

Ida Rolsky was thinking for the Friendship Club would you like to come cue?" suggested her n Adelman.

That was 24 years ago and David Adelman have to the barbecue at their Kenduskeag Avenue since.

Back in 1964, Paula helped drive members to meetings. "Senior citizen" that popular then — I me didn't want to acknowledg were senior citizens, so n members were in their 90's," she said.

Adelman said that she's senior citizen herself. "It's rible thing to say that you citizen," she added.

Hot dogs, hamburgers, f salads, beans and pastries good ol' American barbec the annual event last Tues noon. Even Rabbi Schonb his family were there.

"It's too much, it's too m

Green's 'Al

When Bangor's Bill Green was much younger and fielding ground balls at third base for coach Bob Kelley's Rams, he probably gave little thought to the prospects of roaming the Maine wilds as an outdoor reporter for the Maine Broadcasting System.

Green's latest effort, "Allagash Adventure," which aired on Channels 2 and 6 throughout Maine July 17-21, was clearly his best work to date.

Those of us who know Green best have seen his career blossom from that of cameraman in the days of Eddie Driscoll's "Dialing For Dollars" to one of a seasoned sports reporter with Channel 6 in Portland.

But in outdoor work, Green has clearly found his niche in the broadcasting business.



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Fashions Fascinate Friendship Club

Senior Citizens Friendship Club of the Jewish Community Center held their sixth annual dessert fashion show, June 1 at the Jewish Community Center.

The program was planned to show through fashion that the Senior Citizen woman of 1972 has been accepted as a real woman in every sense of the word. The woman of 50 and over has something important to say and contribute to society.

Mrs. Edward Keith was in chair.

min Oppenheim, Mrs. Ann Bloom, Mrs. Morris Shafmaster, Miss Pauline Smith, Mrs. Myra Hutchins, Mrs. Marian Sullivan.

Entertainment was by the Orono Senior Citizen Band, directed by Mrs. Eva Littlefield.

Refreshments were served

by Mrs. Abe Miller and Mrs. Louis Rolsky and makeup was by Mrs. Jacqueline Bourgoyne.

B'nai B'rith Women decorated the room.

June 1972



Renovating:
• An Act to Provide Private Remedies for Elderly Consumers Injured by Unfair Insurance Trade Practices -
reer dinners, or luncheons such as that held recently in Bangor by the Senior Citizens Friendship Club of the Jewish Community Center.



Tap dancing grandmothers Joanne Fortin and Patsy Pooler are still going strong, tapping for various groups "for the fun of it."

or Citizens Model Fashions

Miss Pauline Smith Shanon model sum-

mer fashions while Mrs. Edward Keith is narrator. (NEWS Photo)



Fashion Is Forever

Believing every woman loves a fashion show, Miss Pauline Smith, left, and Mrs. Benjamin Oppenheim, indulge in an advance view of the Senior

Citizens fashion show to be held at the Jewish Community Center, Wednesday. (NEWS Photo by Spike Webb)



Cancer is volunteer's biggest concern

Bangor woman works to benefit many causes

By Robert H. Newall
Special to the NEWS

"I can't give much money, but I can give of myself," said Ruth Striar, formerly of Mobile, Ala., but for the bulk of her life a resident of Bangor. "I think that doing something for others is one of the most important things in life."

As a volunteer for several groups in the area, she has been making that philosophy work.

Striar has been the past president and is now a board member of the Beth Abraham Synagogue Sisterhood and is a member of the Beth Israel Sisterhood. For a time, she was the past president and a charter member of the American Association of Medical Assistants.

Other facets of her interests in health care were her involvements in the Eastern Maine Healthcare Auxiliary as past first vice president and present board member, in the auxiliaries of St. Joseph Hospital and City Hospital and as a dedicated volunteer for 43 years for the American Cancer Society, which was known as the Women's Field Army when she joined.

She is a member of the Salvation Army board, a member of Symphony Women, the League of Women Voters, and she is on the board of directors of the Arcady Music Society.

She carries on all of the volunteer activities without benefit of personal transportation. That drawback

hasn't stopped her any more than blizzards put a crimp in the mail deliverer's style.

Trained as a legal secretary, Striar worked for several lawyers in Mobile, New York and Bangor. Her skills in her profession have been invaluable for what she does in her volunteer work.

For her 43 years of continuous service to the American Cancer Society — she holds that record in Maine — she was awarded recognition last September. Over the years, she has received certificates and plaques for her multiple services in many other organizations.

For 14 consecutive years Striar was the Cancer Crusade chairman for Bangor. "These days they have plenty of help," she said recently. "There are a business chairman, a box chairman and others who split up the massive work. But when I headed the crusades, we went from door to door on foot. I also handled the publicity then."

During those years too, Striar put in plenty of time at the Eastern Maine Medical Center, where a plaque in the lobby honors her. "I saw every doctor come and go, 60 or so at that time," she recalled. "I helped man the information desk starting in 1957 and I'm still there."

One of Striar's most pleasant memories is that of assisting a foreigner, who knew nothing about the hospital, find a patient who had been in an accident. "I took him directly to the room," she said. "An hour later he came back, saluted me and said, 'God bless you.' That was nice."

As a Gray Lady who still has her uniform, Striar never knew what she would be called upon to do. One day



Ruth Striar

... "I want to help people"

she might be assigned to the prenatal laboratory, another time to the arthritis clinic, yet another to the tumor clinic.

Sometimes she had to examine 60 or more urine specimens. When her husband fell ill, she had to crop her activities a bit, but she never abandoned them.

The Cancer Society has claimed perhaps the lion's share of her time and energy. "What people generally don't know," she said, "is that 60 percent of what we collect stays right in the state.

"And of the remaining 40 percent, which is sent to the national headquarters, the bulk is returned. Last year we were able to give the Jackson Lab in Bar Harbor \$196,000."

To raise funds, the core of volunteer work, Striar and her cohorts sell daffodils on Daffodil Day in April. They even go to businesses to sell bunches of flowers. On the annual Fight Cancer Day, local businesses donate a percentage of all sales for that day to the cause.

The drives have largely displaced trekking from door to door and sitting glued to the telephone for months to drum up contributions.

Another method of getting money occurred when Striar and her helpers sold cookbooks. "We help everywhere we can," she said, "and we accept contributions at any time."

The main objective of cancer research, of course, is to discover a cure. Already, heartening inroads have been made on leukemia.

Equipment has been made available to cancer patients who otherwise could not afford to purchase it. A first for 1988 was Cancer Survivors Day on June 5, an occasion to celebrate life. The latest project has been to demonstrate how nutrition affects diet, particularly how fiber and green-leaf vegetables will reduce the risk of cancer.

At a seminar Striar recently attended, the participants gave a plethora of for doing volunteer work. One woman found that doing such work helped to lessen her grief for her late husband. Another did it to escape the boredom of home.

"I simply want to help people," said Striar, the mother of two sons. "I don't need something just to keep me busy. What I do must have real meaning for me."



THE BANGOR Affiliate of the Literacy Volunteers of America recently celebrated its 20th anniversary. During the festivities Rachel Heath, president of the local board of directors, gave Paula Adelman, one of the founders of the local affiliate, her 20-year pin. Also eligible for her 20-year pin was Donna Forsgren, another founding member who was unable to attend the party. (NEWS Photo by Michael York)

1989

SENIOR CITIZENS FRIENDSHIP CLUB

The Senior Citizens Friendship Club was organized twenty-two years ago under the leadership of David Shuer, Executive Director at that time. Twenty-five members, ages from 75 to 85 joined.

Our main purpose was to get these people out of their home for a social gathering for at least once a month and to make sure that members would come, we had volunteer drivers pick them up.

Our group made the first trip to Lakewood. We had the first senior citizens fashion show, and several bake sales, and took many day trips.

We now meet the third Wednesday of each month with ages ranging from 60 to 90 plus, at the Jewish Community Center.

I still feel that it is most important to cater to people who are alone and do not have the opportunity of going places.

We are now fortunate that we do not need outside volunteers because we have many in our group who are able to help.

We have many stimulating speakers, entertainment, day trips, and good refreshments.

Come join us!

Ida Rolsky, President
942-2204



Barbara July 1990



Barbecue July 1990
 Boba Smith
 Hazel Robinson
 Quinine Smith



Hazel Robinson
 Edna Baron
 Michelle Davidson



Cleora Segal
 Bebbi Beath Adrenal
 Molly Lingal

Mothers day 1991



Oda Sopan Estera Sopan
Celia Sopan
Vivian Sopan

Oda Sopan
Celia Sopan
Diana Emph



Lois Robinson
Isabell Robinson
Arline Rodin



Paul Skiffington Betty Skiffington
Barbara Skiffington
Dorothy Skiffington
Betty Skiffington
Paul Skiffington
Betty Skiffington
Dorothy Skiffington



Barbecue July, 1990

FRIENDSHIP PICNIC



THE SENIOR Citizens Friendship Club held its annual picnic Thursday, July 24, at the Ken uskeag Avenue home of Ruth Striar in Bangor. Serving delicacies to Saul Nyer and

Catherine Carver (seated) are hostess Paula Adelman (standing, left) and club president Ida Rolsky. More senior citizens news on pages 15-16. (NEWS Photo by Bob DeLong)

Correction corner

A photograph identified as Archibald Cox on Page 22 of Wednesday's newspaper was in fact Donald Kennedy, president of Stanford University. The NEWS regrets the error.

Friendship club

The Senior Citizens Friendship Club will meet at 12:30 p.m. Wednesday, June 19, at Beth Israel Synagogue, Bangor. A musical program will be held at 2 p.m. with Gina Crusco of New York.



Joan Golden
Harry Bodell
Hawthorne



Rita Baron Pauline Smith
 Rose Albert Grace Koski
 Carole Lohm Kay Carver



Mona
 cutting the cake



Sueas Beth Suro
 Rebekah wife





Grace Dasky
Evelyn Wiles
Barbara Wiles



Bella Bodinsky
Bessie Katz
Marion Flach

24 1797



Grace Kosky
Florence Allen
Pessie Katz



Iida Kosky
The Nager
Paula Addman



Gertie Jaina
Hedra Goodwin
Grace Kosky
Allen Michelson
Ade Miller



July 1991
Diane Emble
Harry [unclear]
Gudal

Ruth Striar Honored for Outstanding Service



THE CLARABELL Q. Conrad Award was presented Nov. 8 to Ruth Striar (left), who holds the record in Maine for the most consecutive years as an American Cancer Society volunteer. She has volunteered in the Penobscot Unit for more than 44 years. She was noted for outstanding and excellence in volunteerism. Making the presentation is Chris Stark, regional director of the American Cancer Society. The award was established in 1983 to honor one of the Maine Division's most active and ardent volunteers, who lost her battle against cancer in 1982. Ruth and late husband Louis (Johnny) are the parents of two sons, Joseph, in Israel, and Brian, Pasadena, California.

SENIOR CITIZENS ENJOY PROGRAM AND LATKES

Senior Citizens Friendship Club

By Ruth Striar (Mrs. Louis)

The Senior Citizens Friendship Club had a Chanuka "Ball" on Wednesday, December 5th at the Beth Israel Synagogue. Latkes galore were served with apple sauce, sour cream and coffee with Celia Segal's famous apple squares a-la-mode.

Everyone received a favor, courtesy of Billy Miller.

Arline Keith, who was dressed as a clown, gave an enjoyable performance and passed out favors.

Katie Carver was serenaded with "Happy Birthday To You" on the occasion of her 98th birthday.

A beautiful musical program was presented by Ginger Hwalek piano, Karen Gallant, soprano, and Elizabeth Downing, flutist and soprano, which everyone enjoyed immensely.



DID YOU KNOW ...

That one of Arline Keith's many talents is her portrayal of Princess "Ding-A-Ling" the clown?

Senior Citizens Friendship Club

1991

Robert Connor, Field Representative of the Social Security Administration, was the guest speaker at the February 6th meeting, speaking on Medicare and the new changes. After a delicious luncheon prepared by Barbara Wilde and Celia Segal, many questions were answered, including those from members who had bad experiences with Medicare. Mr. Connor also left the members with informational materials. Afterwards, a short business meeting was held. The new swimming luncheon program...

SENIOR CITIZENS FRIENDSHIP CLUB

Gina Crusco of New York City treated the Senior Citizens Friendship Club with her thrilling voice singing "Despina's Aria", "Memories", from the Broadway play, "Katz", and "Deep Purple" at the June 19th meeting. She was accompanied by Dr. Melba Wilson of Bar Harbor, Executive Director of the Arcady Music Society.

The following announcements were made by President Ida Rolsky: The Annual Adelman picnic will be held on July 24th at their home at noon. Plans are also being made for a trip to Lakewood to see "Cabaret".

It was voted to give an annual donation of \$25.00 to the Shriner's Sneaker Club.

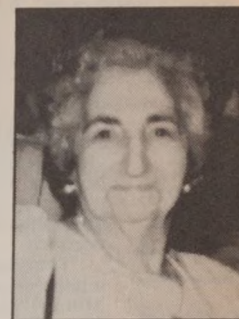
Motuick Honored By Senior Citizens Friendship Club



The Senior Citizens Friendship Club presented a plaque to Mrs. Bessie Motuick on behalf of her efforts for Israel. Left to right: Mrs. Myer Minsky, presenting plaque; Mrs. Abraham Motuick (Bessie), and Mrs. William Emple, President of the Senior Citizens Friendship Club.

October 16, 1991

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GERTRUDE C. HARTSTONE

BANGOR — Gertrude C. Hartstone, 81, wife of the late Arthur J. Hartstone, died unexpectedly Oct. 15, 1991, at her residence in Bangor. Mrs. Hartstone was born in Rockland on Oct. 1, 1910, the daughter of Hyman and Sadie (Weisberg) Share. Mrs. Hartstone and her husband formerly owned Hartstone Roofing Co. and later cofounded Fairmount Hardware. She was a member of Congregation Beth Abraham, the Beth Abraham Sisterhood, the B'nai B'rith, the Hadasah, and the Senior Citizens Friendship Club, all of Bangor. Surviving are three sons and daughters-in-law, Sheldon and Valerie Hartstone, Fred and Linda Hartstone, all of Bangor. Barry and Donna Hartstone of Sudbury, Mass., a daughter and son-in-law, Anne Sharon and Dr. Mark Levine, of Auburn, 10 grandchildren: Allison, Andrew, Heather, Rachel, Robert, Tracy, and Eric Hartstone, Alan and wife Allison Hartstone, and Aaron and Amanda Levine. Also surviving are two sisters, Irene Gersten of New York, and Freda Miller of Bangor, and several nieces and nephews. Funeral services will be held 1 p.m. Thursday at the Jewish Funeral Chapel, Center Street, Bangor, with Rabbi Henry Isaacs officiating. Interment will be at Beth Abraham Cemetery, Bangor. Memorial week will be observed at 20 13th St., Bangor. Gifts in her memory may be made to Congregation Beth Abraham, 145 York St., Bangor, or to the Ronald McDonald House, Our House of Maine Inc., P.O. Box 1629, Bangor 04401. Arrangements by Brookings-Smith, Bangor.